

Boulders Climbing Team Culture Agreement and Abiding Principles

Mission Statement:

- Boulders Climbing Team prioritizes the emotional and physical well-being of our athletes above all other metrics and strives to develop a lifelong healthy enjoyment of climbing, by fostering both casual and competitive participation.

Logistics

- I will arrive to practice on time (within the warm up period) and ready to participate fully.
- I will perform activity transitions as swiftly as possible to maximize productivity.
- I will listen actively and intently when others speak.
- I will seek out growth opportunities athletically, emotionally and socially.
- I understand that growth often requires stepping outside my comfort zone.
- I will monitor myself physically, mentally and emotionally and communicate my needs to the best of my ability, to my Coaches.
- I will practice active recovery techniques and prioritize my overall well-being over short term advancement.
- I will bring my maximum effort to practice and will hold myself and my teammates to high standards.

Community

- I will advocate for myself and others to the best of my ability.
- I will encourage my teammates to challenge themselves, take care of themselves, and advocate for themselves.
- I will engage with my teammates and coaches in a constructive manner, even when frustrated or in disagreement.
- I respect my teammates and coaches' right to self identify, and will respect those identities.
- I will acknowledge my power and privileges, in all of their forms, and will do my best to use them for good.
- I will seek out trusted adults to meet my needs, if I am uncomfortable presenting a specific issue directly to a Coach.
- I have a right to feel safe and respected.

- I have the right to contribute to, or otherwise propose edits to this shared culture agreement.

Coaching

- My Coaches will treat me with dignity and respect at all times.
- My Coaches will see and understand my unique intersectional identities.
- My Coaches will, to the best of their ability, meet any special accommodations I require in order to participate fully.
- I will communicate my needs to my coaches, to the best of my ability, and I expect those needs to be respected.
- My Coaches will prioritize my overall wellbeing rather than short term advancement.
- My Coaches will defend my autonomy and personhood, and my right to take up space in the gym.
- If my Coaches are not meeting my needs, I have the right to express that to them, and to have corrective action taken when appropriate.
- I expect my Coaches to be appropriately qualified (and/or certified) for their role as my instructor.

I recognize that I am representing Boulders Climbing Gym and the Boulders Climbing Gym Community both inside and outside of practice, and will do my part to role-model best behavior.