

ATHLETE EVALUATION / RE-EVALUATION & PLACEMENT - YOUTH CLIMBING TEAM

Bedrock Team	Intermediate Team	Advanced Team	Competition Team
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Climber Name: _____ **Evaluation Date:** _____ **Climber's Current Team:** _____

x	x	x	x	<p>Gym Etiquette</p> <ul style="list-style-type: none"> ● Follow all gym and team rules ● Respect space of others, and proactively check in with people sharing your space 	
x	x	x	x	<p>Focus</p> <ul style="list-style-type: none"> ● Arrive to practice on time & prepared to fully participate ● In the right place, at the right time, doing the right thing during activities 	
x	x	x	x	<p>Love of Climbing & Community</p> <ul style="list-style-type: none"> ● Climber clearly loves climbing ● Climber clearly enjoys being at practice 	
x	x	x	x	<p>Leader and Culture Keeper</p> <ul style="list-style-type: none"> ● Enrich team around you ● Be a supportive teammate ● Do your part to keep the group on track ● Climber shows awareness of “Emotional Battery” and applies this to building up their teammates 	
x	x	x	x	<p>Effort Level & Work Ethic</p> <ul style="list-style-type: none"> ● Willing to push own limits and try really, really hard when needed ● Work hard throughout practice, in all types of activities ● Participates to fullest capacity even through minor adversity (bad mood, low motivation, soreness etc) 	
x	x	x	x	<p>Openness to Coaching</p> <ul style="list-style-type: none"> ● Open to receiving constructive criticism and feedback ● Proactively apply and work on coach feedback over time 	
	x	x	x	<p>Mastery of Basic Climbing Skills</p> <ul style="list-style-type: none"> ● Climber shows sufficient skills mastery to safely and effectively train with this team ● Climber shows awareness of “Stages of Mastery”, and applies this to their training 	
		x	x	<p>Growth Over Accomplishment</p> <ul style="list-style-type: none"> ● Consistently set and work towards goals ● Focus on constantly improving and learning, not just finishing hard grades or other fleeting success moments ● Unafraid to “fail” in pursuit of goals. See this as part of learning process 	
			x	<p>Desire to Compete</p> <ul style="list-style-type: none"> ● Climbers explicitly intends to compete in indoor climbing competitions ● Climber shows love of competitive process, and ability to process “failure” in competition 	
			x	<p>Physical Fitness</p> <ul style="list-style-type: none"> ● Climber shows sufficient physical fitness to safely and effectively train with this team (no minimum grade/difficulty requirement) ● Climber shows sufficient body awareness and maturity to manage normal aches and pains, take sufficient rest and recovery time, and prevent injury. 	

<p>Average Score - Climbers need an average score of 4 or better in a team's key attributes to join or stay on that team level. All scores are based on coach perceptions of what this individual athlete is capable of offering. Scores are NOT relative to the performance of other athletes.</p>	
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Coach Notes

A short paragraph detailing coach observations of this climber...